



Volunteer Activities for Teens

Hello students and families,

Below are some volunteer activities for you to engage in. Other places to look for volunteer activities include local businesses, your city Parks and Recreation locations, your local library, non-profits, etc.

For additional programs or summer program suggestions, visit the College Counseling webpage on the Arete Prep Academy website. <https://areteprepacademy.greatheartsamerica.org/academics/college-counseling/>

If you need assistance with applications or interview preparation, please reach out to the college counselors.

Sincerely,

Ms. Arguello, Director of College Counseling

Last updated on February 22, 2024

City of Mesa

For all volunteer opportunities through the city, visit <https://www.mesaaz.gov/things-to-do/volunteer>

Mesa Parks and Recreation

For all volunteer opportunities, check out: <https://www.mesaparks.com/info-contact/serving-the-community/volunteer-opportunities>

- [Teen Leadership Training](#)
- [Junior Guard Program](#) - The Jr. Lifeguard program helps kids build a foundation of knowledge, attitude, and skills that are needed to be a responsible volunteer and future lifeguard. Participants learn skills such as swimming, leadership, rescue response, drowning prevention, professionalism, and volunteerism. Jr. Lifeguard volunteers take an orientation class and then begin assisting the lifeguard staff with programs such as: learn-to-swim lessons, special events, competitive meets, and public swimming.

Mesa Public Library

<https://www.mesalibrary.org/about/volunteer>

Maricopa County Library District

Interested in volunteering with the Maricopa County Library District? We are looking for people who can shelf materials, assist with programs, and do other library tasks.

<https://mclldaz.org/en-US/north-valley/volunteer/teen/>

City of Gilbert

<https://www.gilbertaz.gov/departments/parks-and-recreation/volunteer>

To view current volunteer opportunities for future events, click [here](#).

City of Chandler

<https://www.chandleraz.gov/chandler-a-z/volunteer-opportunities>

Phoenix Zoo – ZooTeens

We are excited to announce we are bringing back our ZooTeens youth volunteering program! This program will be open to high school students in grades 9-12. Applications to become a ZooTeen volunteer will open on March 1, 2024. [Click here to join our interest list](#) and be notified when more information about the program is released.

Project C.U.R.E

Come join us in preparing supplies for shipment to hospitals and clinics in need around the world. Activities may include organizing warehouse inventory, sorting medical supplies, supporting administrative efforts, pulling for and loading containers, or other projects to be accomplished for the day. This will be a fun, engaging, and hands-on experience.

Project C.U.R.E. was founded in 1987 to help meet the need for medical supplies, equipment, and services around the world. Project C.U.R.E. builds sustainable healthcare infrastructure by providing the medical supplies and equipment that medical personnel need to deliver healthcare to their communities. Since its inception, Project C.U.R.E. has delivered medical relief to needy people in more than 130 countries.

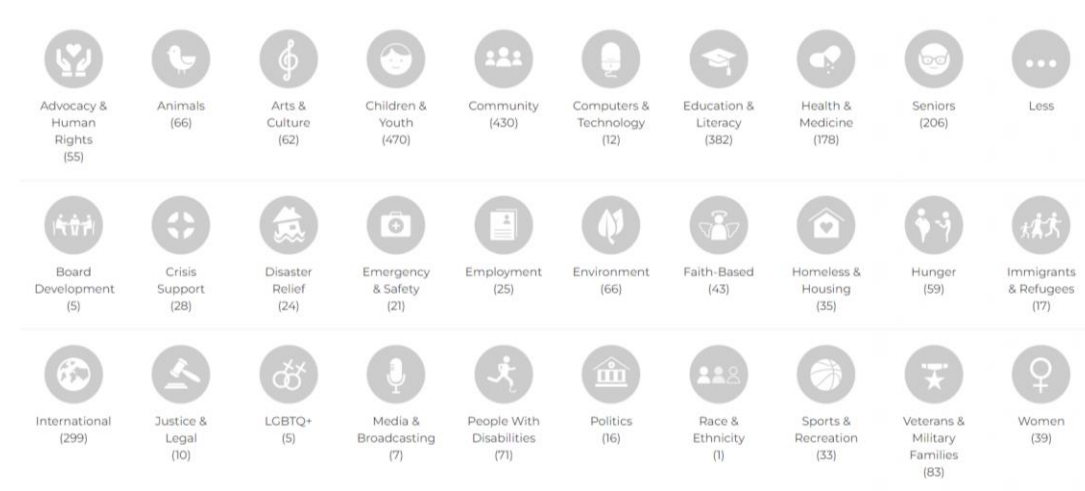
For more details or to volunteer, visit <https://projectcure.org/location/phoenix/>

Volunteer Match

<https://www.volunteermatch.org/>

VolunteerMatch matches inspired people with inspiring causes. It's how volunteers and nonprofits connect to achieve remarkable outcomes. There are a variety of categories of volunteer work to choose from. Students should work with parents/guardians to create a volunteer account.

Below are some of the volunteer categories to choose from. To search, visit the website and explore by searching your city.



Animal Humane Society

Do you have a passion for helping our furry friends in need? Look no further than the Arizona Humane Society! This incredible non-profit organization provides shelter and care for animals in need, and you can be a part of making a difference as a volunteer.

As a volunteer, you'll have the opportunity to work with animals of all shapes and sizes, from dogs and cats to bunnies and even reptiles. You can help with animal care, such as feeding and walking the animals, as well as assisting with adoption events and fundraising efforts.

In addition to working directly with animals, you can also participate in educational programs and events. The Arizona Humane Society's "Critter Camp" for children is an amazing opportunity to teach the next generation about animal welfare and inspire compassion towards animals.

If you're interested in volunteering with the Arizona Humane Society, visit their [website](#).

The Southwest Autism Research & Resource Center (SARRC) Peers Program

The Southwest Autism Research & Resource Center (SARRC) is looking for teens to help teach social and friendship skills to other same aged peers that are on the spectrum.

If you are interested, please check out the website here: <https://autismcenter.org/volunteer/>

Mayo Clinic High School Student Summer Volunteer Program

Students can volunteer in both clinic and hospital settings during this intensive 9-week program at the Mayo Clinic, where students will learn valuable skills about healthcare and medicine firsthand. Learn more about the Mayo Clinic [Summer Volunteer Program](#). Grades: 10th & 11th Only.

Banner Baywood Hospital Volunteer Program for Teens

Volunteer Program

Volunteers (16 years +) work directly with people and provide behind-the-scenes support in our facilities.

- **Requires:** An interview, TB test, background check, proof of current vaccinations (including Flu shot).
- Visit: <https://www.bannerhealth.com/services/volunteer/banner-baywood-volunteer>

Mayor's Youth Advisory Commission (MYAC) City of Tempe

<https://www.tempe.gov/government/human-services/family-community-support/family-community-support-resources/mayor-s-youth-advisory-commission-myac>

To promote youth involvement by: Offering a forum for youth to express their views and interests. Initiating and coordinating activities for Tempe youth. Providing opportunities to develop leadership qualities, representing youths' interests, needs and ideas.

Mayor's Youth Advisory Committee (MYAC) City of Gilbert

<https://www.gilbertaz.gov/residents/town-programs/mayor-s-youth-advisory-council>

The Mayor's Youth Advisory Committee (MYAC) is a leadership opportunity where we teach you all about your community and give you opportunities to contribute and give feedback to Gilbert. Participants are asked to volunteer in a variety of capacities as well as assist the Town Council in identifying and finding solutions to complex topics impacting all our residents.

Mayor's Youth Committee- City of Mesa

<https://www.mesaaz.gov/government/mayor-council/mayor-john-giles/mayor-s-youth-committee>

The Mayor's Youth Committee is a select group of juniors and seniors from high schools throughout Mesa. Each year, school principals and counselors choose students through a competitive process to represent their school on the committee. MYC is a year-long program where students interact with the Mayor, City Council and City staff on a regular basis to learn the ins and outs of city government. MYC members attend monthly meetings, participate in community service opportunities and events, tour city departments and projects, and research current city issues. MYC members complete the Mayor's Assignment, a capstone project designed to encourage youth engagement in civic processes.

Governor's Youth Committee

<https://goyff.az.gov/gyc/faq>

To address substance abuse, human trafficking, distracted driving, teen dating violence education. We are a diverse body of Arizona's high school sophomores, juniors and seniors helping make Arizona a better place to live for everyone. We are the Governor's Youth Commission representing all of Arizona's fifteen counties.

Arizona Museum of Natural History- Teen Summer Volunteer

<https://www.arizonamuseumofnaturalhistory.org/get-involved/volunteer>

Inspire the natural and cultural history of Southwest.